



North Carolina Retirement Systems

Teachers' and State Employees' Retirement System
Local Governmental Employees' Retirement System
Consolidated Judicial Retirement System
Legislative Retirement System

2010 ENROLLMENT DENTAL & VISION PLAN

Retirees... Your Dental & Vision Enrollment for 2010 Is Here Sept. 1, 2009 – Oct. 15, 2009

Benefits become effective Jan. 1, 2010

State Insurance Services, Inc.* is pleased to announce that the open enrollment 2010 year will again offer vision and dental coverage for retirees of the North Carolina Retirement Systems listed above. Both dental and vision coverage are offered through UnitedHealthcare Specialty Benefits. This gives us a "One Company" approach to streamline benefits and services.

Please review the details regarding both the Dental and Vision programs in this information packet.

There are currently more than 88,000 participants enjoying the benefits of the dental and vision programs. You may choose to participate in one or both of the plans offered.

We have a second Vision plan option which covers materials only, specifically lenses, frames and contacts.

Plan Coverage Monthly Rates	UnitedHealthcare Vision Plans 2009 through 2012	
	Plan 1 Exam & Materials Plan	Plan 2 Materials Only Plan
Retiree	\$9.76	\$6.82
Retiree/Family	\$20.00	\$13.98

Plan Coverage Monthly Rates	UnitedHealthcare Dental 2010 Rates
Retiree	\$32.45
Retiree & One	\$76.89
Retiree & Family	\$107.81

CURRENT ENROLLEES

If you are currently enrolled in the UnitedHealthcare Dental Plan or UnitedHealthcare Vision Plan, you will automatically be enrolled. No new cards will be issued for current enrollees. If you are currently enrolled in the Dental or Vision plans **NO ACTION IS NECESSARY** unless you have a change in family status. Changes may be made on the enclosed enrollment form.

NEW ENROLLEES

To enroll, complete the enclosed enrollment form and return by **Oct. 15, 2009**, to State Insurance Services, Inc. in the provided self-addressed envelope for coverage to begin Jan. 1, 2010. New enrollees will receive identification card(s) prior to the new plan date.

Dental Toll-Free Number
1-877-905-0659

Vision Toll-Free Number
1-800-980-2965

ENROLLMENT FORM DEADLINE IS OCT, 15, 2009

*State Insurance Services, Inc. is a licensed insurance agent in North Carolina that has been authorized to arrange this coverage, but it is not part of the North Carolina State Government or its Retirement Systems.

UnitedHealthcare Dental®

UnitedHealthcare Vision®